



*Students of St. Anthony of Padua School ARE*

## FOLLOWERS OF JESUS

Knowledgeable of the traditions and practices of the Catholic Faith

Actively seeks opportunities to serve others

Incorporates prayer and reverence for the sacred into daily life

Guided by a sense of respect for oneself and others

## ACADEMICALLY PREPARED

Effective communicators through a variety of media

Proficient in Common Core State Standards

Demonstrates a strong work ethic and a commitment to quality

Highly organized and capable of prioritizing to complete multiple tasks on time

Strives to create original content with real world applications

## SOCIALLY AWARE

Seeks to gain knowledge and understanding of all cultures,  
with focus on context for contemporary history and current events

Utilizes digital technology and social media responsibly

Media literate and a critical interpreter of media messages

Aware of the impact of their choices on the health of our planet

Actively seeks to advance the social agenda of the Church, with emphasis on the Social Gospel

## TOTALLY HEALTHY IN MIND, BODY, AND SPIRIT

Responsible moral decisions in their social life

Responsible, moral decisions about the media content to which they expose themselves

Incorporates physical exercise into their daily life

Responsible dietary choices based on knowledge of nutritional science

Incorporates prayer and self-reflection into their daily life

Strives to avoid situations and/or actions that may negatively affect their spiritual health





*Students of St. Anthony of Padua School  
are **F.A.S.T.***

## **F**OLLOWERS OF JESUS

Knowledgeable of the Catholic Faith

Serves others

Incorporates prayer and self-reflection into daily life

Respect for oneself and others

## **A**CADEMICALLY PREPARED

Effective communicators

Proficient in Common Core State Standards

Demonstrates a strong work ethic

Organized and capable of completing multiple tasks

## **S**Ocially AWARE

Gain knowledge and understanding of cultures

Social media responsibility

Aware of their impact on the health of our planet

Seeks to advance the social agenda of the Church

## **T**OTALLY HEALTHY

Responsible moral decisions

Incorporates physical exercise into their daily life

Responsible dietary choices

Avoids situations and/or actions that negatively affect spiritual health